

# Consecration to St. Joseph

## Heading:

Do you know St Joseph? Do you feel you know his greatness and his love for you? Consecration to St. Joseph is going to unveil the wonders of St. Joseph like never before! Now is the time to consecrate ourselves to St. Joseph! God is telling the church that, in order to defend marriage and the family, elevate morals, recover lost ground, and win souls for Jesus Christ, we need to bring St. Joseph onto the battlefield. He is the Terror of Demons! With his powerful spiritual fatherhood, incredible love for his spiritual children, and constant intercession, the Church can be renewed as a light to the nations.

## Objective:

This topic is meant to introduce what it means for a person to be Consecrated to St. Joseph. Consecration to St. Joseph means that you (1) acknowledge that he is your spiritual father, and you want to be like him; (2) entrust yourself entirely to his paternal care so that he can lovingly help you acquire his virtues and become holy; (3) make a formal act of filial entrustment to your spiritual father so that he can take care of your spiritual well-being and lead you to God; (4) want to be as close to St. Joseph as possible, to the point of resembling him in virtue and holiness. Consecration to St. Joseph is done through a comprehensive program that covers St. Joseph's person, privileges, titles and virtues, especially his paternal love for God the Son and the rest of humanity. St. Joseph will give those consecrated to him his loving attention, protection and guidance.

**Song Suggestion:** Hail Saint Joseph, Spouse of Mary  
[Hail St Joseph Spouse of Mary - score.pdf - Google Drive](#)

## Bible and Catechism Readings:

### **Matt 1: 19-20, 24**

Joseph her husband, since he was a righteous man, yet unwilling to expose her to shame, decided to divorce her quietly. Such was his intention when, behold, the angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her. When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home.

*Note: For an interesting discussion about this reading see Consecration to St. Joseph, The Wonders of Our Spiritual Father, by Donald H. Calloway, MIC, page 141, Just and Reverent Man.*

### **Matt 2: 13-14**

When they had departed, behold, the angel of the Lord appeared to Joseph in a dream and said, "Rise, take the child and his mother, flee to Egypt and stay there until I tell you. Herod is going to search for the child to destroy him." Joseph rose and took the child and his mother by night and departed for Egypt.

### **Catechism 437**

God called Joseph to "take Mary as your wife, for that which is conceived in her is of the Holy Spirit," so that Jesus, "who is called Christ," should be born of Joseph's spouse into the messianic lineage of David.

### **Catechism 532**

Jesus' obedience to his mother and legal father fulfills the fourth commandment perfectly and was the temporal image of his filial obedience to his Father in heaven.

## **Catechism 1014**

“From a sudden and unforeseen death, deliver us, O Lord”, to ask the Mother of God to intercede for us “at the hour of our death” in the Hail Mary; and to entrust ourselves to St. Joseph, the patron of a happy death.

**Saint:** - St. Joseph who is the zealous defender of Christ and head of the Holy Family. Today, Christianity and the family are under attack. There is no greater earthly role model for fathers than St. Joseph.

Let us love Jesus above all, let us love Mary as our mother; but then, how could we keep from loving Joseph, who was so intimately united to both Jesus and Mary? And how can we honor him better than by imitating his virtues? Now, what else did he do in all his life but contemplate, study, and adore Jesus, even in the midst of his daily labors? Behold, therefore, our model. - St. Madeleine Sophie Barat

## **Questions for Large and Small Group Discussion:**

1. Have you considered St. Joseph as a role model for fathers?
2. As head and guardian of the Holy Family St. Joseph is protector of the Holy Church. Were you aware that he held such stature in the Church?
3. During these difficult times how can we defend Family and the Holy Church?

## **Resources:**

Consecration to St. Joseph, The Wonders of Our Spiritual Father, Donald H. Calloway, MIC. Introduction to the Consecration to St. Joseph online: <https://www.consecrationtostjoseph.org/introduction.html>

## **Step it Up! (Action Plan):**

This week:

- Begin your Consecration to St. Joseph:
  - Fr. Donald Calloway’s book, Consecration to St. Joseph, The Wonders of Our Spiritual Father, contains a 33-day preparation of prayer and reflection which concludes with a Consecration to St. Joseph.
  - Hallow app with Fr. Mike Scmitz and Sr. Miriam James Heidland.
- Pray the Litany of St. Joseph every day, <http://osjusa.org/prayers/litany-st-joseph/>
- Learn about the wonders of St. Joseph.
- St. Joseph protected the Holy Family. Reflect on how you can be a better protector of your family.
- Reflect on the virtues of St. Joseph and how imitating them in your life will make you a better model for your family.
- Consider how God the Father wants you to entrust yourself to the loving paternal care of St. Joseph, similar to God’s entrustment of the human nature of Jesus to St. Joseph.

**Author:** Ted Czupik (Updated from Rusty McHugh)