

Prayers of Saint Bridget

First Prayer

O Jesus Christ! Eternal Sweetness to those who love You, joy surpassing all joy and all desire, Salvation and Hope of all sinners, Who has proved that You have no greater desire than to be among men, even assuming human nature at the fullness of time for the love of men, recall all the sufferings You have endured from the instant of Your conception, and especially during Your Passion, as it was decreed and ordained from all eternity in the Divine plan.

Remember, O Lord, that during the Last Supper with Your disciples, having washed their feet, You gave them Your Most Precious Body and Blood, and while at the same time You did sweetly console them, You did foretell them Your coming Passion.

Remember the sadness and bitterness which You did experience in Your Soul as Yourself bore witness saying: "My Soul is sorrowful even unto death."

Remember all the fear, anguish and pain that You did suffer in Your delicate Body before the torment of the crucifixion, when, after having prayed three times, bathed in a sweat of blood, You were betrayed by Judas, Your disciple, arrested by the people of a nation You had chosen and elevated, accused by false witnesses, unjustly judged by three judges during the flower of Your youth and during the solemn Paschal season.

Remember that You were despoiled of Your garments and clothed in those of derision; that Your Face and Eyes were veiled, that You were buffeted, crowned with thorns, a reed placed in Your Hands, that You were crushed with blows and overwhelmed with affronts and outrages.

In memory of all these pains and sufferings which You did endure before Your Passion on the Cross, grant me before my death true contrition, a sincere and entire confession, your satisfaction and the remission of all my sins. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Second Prayer

O Jesus! True liberty of angels, Paradise of delights, remember the horror and sadness which You did endure when Your enemies, like furious lions, surrounded You, and by Yousands of insults, spits, blows, lacerations and other unheard-of-cruelties, tormented You at will.

In consideration of these torments and insulting words, I beseech You, O my Savior, to deliver me from all my enemies, visible and invisible, and to bring me, under Your protection, to the perfection of eternal salvation. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Third Prayer

O Jesus! Creator of Heaven and earth whom nothing can encompass or limit, You Who do enfold and hold all under Your Loving power, remember the very bitter pain You did suffer when the Jews nailed Your Sacred Hands and Feet to the Cross by blow after blow with big blunt nails, and not finding You in a pitiable enough state to satisfy their rage, they enlarged Your Wounds, and added pain to pain, and with indescribable cruelty stretched Your Body on the Cross, pulled You from all sides, dislocating Your Limbs.

I beg of You, O Jesus, by the memory of this most Loving suffering of the Cross, to grant me the grace to fear You and to Love You. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Fourth Prayer

O Jesus! Heavenly Physician, raised aloft on the Cross to heal our wounds with Yours, remember the bruises which You did suffer and the weakness of all Your

Members, which were distended to such a degree that never was there pain like unto Yours.

From the crown of Your Head to the Soles of Your Feet there was not one spot on Your Body that was not in torment, and yet, forgetting all Your sufferings, You did not cease to pray to Your Heavenly Father for Your enemies, saying: "Father forgive them for they know not what they do."

Through this great Mercy, and in memory of this suffering, grant that the remembrance of Your Most Bitter Passion may effect in us a perfect contrition and the remission of all our sins. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Fifth Prayer

O Jesus! Mirror of eternal splendor, remember the sadness which You experienced, when contemplating in the light of Your Divinity the predestination of those who would be saved by the merits of Your Sacred Passion, You did see at the same time, the great multitude of reprobates who would be damned for their sins, and You did complain bitterly of those hopeless lost and unfortunate sinners.

Through the abyss of compassion and pity, and especially through the goodness which You displayed to the good thief when You said to him: "This day, You shalt be with Me in Paradise." I beg of You, O Sweet Jesus, that at the hour of my death, You will show me mercy. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Sixth Prayer

O Jesus! Beloved and most desirable King, remember the grief You did suffer, when naked and like a common criminal, You was fastened and raised on the Cross, when all Your relatives and friends abandoned You, except Your Beloved

Mother, who remained close to You during Your agony and whom You did entrust to Your faithful disciple when You said to Mary: "Woman, behold Your son!" and to Saint John: "Son, behold Your Mother!"

I beg of You O my Savior, by the sword of sorrow which pierced the soul of Your holy Mother, to have compassion on me in all my affliction and tribulations, both corporal and spiritual, and to assist me in all my trials, and especially at the hour of my death. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Seventh Prayer

O Jesus! Inexhaustible Fountain of compassion, Who by a profound gesture of Love, said from the Cross: "I thirst!" suffered from the thirst for the salvation of the human race. I beg of You O my Savior, to inflame in our hearts the desire to tend toward perfection in all our acts; and to extinguish in us the concupiscence of the flesh and the ardor of worldly desires. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Eighth Prayer

O Jesus! Sweetness of hearts, delight of the spirit, by the bitterness of the vinegar and gall which You did taste on the Cross for Love of us, grant us the grace to receive worthily Your Precious Body and Blood during our life and at the hour of our death, that they may serve as a remedy and consolation for our souls. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Ninth Prayer

O Jesus! Royal virtue, joy of the mind, recall the pain You did endure when plunged in an ocean of bitterness at the approach of death, insulted, outraged by the Jews, You did cry out in a loud voice that You were abandoned by Your Father, saying: "My God, My God, why have You forsaken me?"

Through this anguish, I beg of You, O my Savior, not to abandon me in the terrors and pains of my death. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Tenth Prayer

O Jesus! Who art the beginning and end of all things, life and virtue, remember that for our sakes You were plunged in an abyss of suffering from the soles of Your Feet to the crown of Your Head. In consideration of the enormity of Your Wounds, teach me to keep, through pure love, Your Commandments, whose way is wide and easy for those who love You. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Eleventh Prayer

O Jesus! Deep abyss of mercy, I beg of You, in memory of Your Wounds which penetrated to the very marrow of Your Bones and to the depth of Your being, to draw me, a miserable sinner, overwhelmed by my offenses, away from sin and to hide me from Your Face justly irritated against me, hide me in Your Wounds, until Your anger and just indignation shall have passed away. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Twelfth Prayer

O Jesus! Mirror of Truth, symbol of unity, link of Charity, remember the multitude of wounds with which You were covered from head to foot, torn and reddened by the spilling of Your adorable Blood. O Great and Universal Pain which You did suffer in Your virginal Flesh for Love of us! Sweetest Jesus! What is there that You could have done for us which You have not done! May the fruit of Your sufferings be renewed in my soul by the faithful remembrance of Your Passion, and may Your Love increase in my heart each day, until I see You in eternity, You Who are the treasury of every real good and every joy, which I beg You to grant me, O Sweetest Jesus, in Heaven. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Thirteenth Prayer

O Jesus! Strong Lion, Immortal and Invincible King, remember the pain which You did endure when all Your strength, both moral and physical, was entirely exhausted, You did bow Your Head, saying: "It is consummated!"

Through this anguish and grief, I beg of You Lord Jesus, to have mercy on me at the hour of my death when my mind will be greatly troubled and my soul will be in anguish. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Fourteenth Prayer

O Jesus! Only Son of the Father, Splendor and figure of His Substance, remember the simple and humble recommendation You did make of Your Soul to Your Eternal Father, saying: "Father, into Your Hands I commend My Spirit!" And with Your Body all torn, and Your Heart Broken, and the bowels of Your Mercy open to redeem us, You did Expire. By this Precious Death, I beg of You O King of Saints, comfort me and help me to resist the devil, the flesh and the world, so that

being dead to the world I may live for You alone. I beg of You at the hour of my death to receive me, a pilgrim and an exile returning to You. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Fifteenth Prayer

O Jesus! True and fruitful Vine! Remember the abundant outpouring of Blood which You did so generously shed from Your Sacred Body as juice from grapes in a wine press.

From Your Side, pierced with a lance by a soldier, blood and water issued forth until there was not left in Your Body a single drop, and finally, like a bundle of myrrh lifted to the top of the Cross Your delicate Flesh was destroyed, the very Substance of Your Body withered, and the Marrow of Your Bones dried up.

Through this bitter Passion and through the outpouring of Your Precious Blood, I beg of You, O Sweet Jesus, to receive my soul when I am in my death agony. Amen.

My sweet Lord Jesus Christ, have mercy on me, a sinner.

Jesus, son of God, born of the Virgin Mary, crucified to save mankind, reigning now in Heaven, have mercy on us...Our Father...Hail Mary

Final Prayer

My Lord Jesus Christ, Son of the living God, accept this prayer in the same heartfelt love with which you endured all the wounds of your sacred Body; have mercy on us and on all the faithful, living and dead, and grant us mercy, grace, forgiveness of sins and everlasting life. Amen.